



# IMMANUEL CHURCH-ON-THE-HILL

Episcopal/Anglican  
Alexandria, Virginia



MAUNDY THURSDAY

April 6, 2023

## The Holy Eucharist Rite II 6:30 p.m., Immanuel Chapel

Page references are for [\*The Book of Common Prayer\*](#).  
In respect for those wishing to pray before the service begins, the congregation is asked  
to remain as quiet as possible.

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### *About this service*

This evening we begin a liturgy that really lasts three days. There is no blessing or dismissal until the end of the Great Vigil of Easter on Saturday night. The early Church came to think of this time, called the Triduum, as one continuing service. People went home and came back, but the prayer continued.

"Maundy" is an Old English derivation of the Latin Mandatum, meaning "a command," referring to Jesus' words at the Last Supper, "A new commandment I give to you, that you love one another" (John 14:34). The Maundy Thursday liturgy recalls the Last Supper, focusing particularly on the institution of the Holy Eucharist and foot washing. As Christ humbly washed the feet of his disciples, so too will Immanuel clergy wash the feet of those gathered, who will then turn to wash the feet of other worshippers. All will be invited to participate in the foot washing, but it will be up to each to decide their level of participation.

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**Prelude:** Adagio for Strings

Samuel Barber

### THE STRING SEXTET

**Processional Hymn 154** "Taste and see"

*I will bless the Lord at all times*

*found in the red and black hymnal Lift Every Voice and Sing II*

**Opening Acclamation**

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Clergy: Bless the Lord who forgives all our sins.

People: *His mercy endures forever.*

**Kyrie S96** "Lord, have mercy" *found in the front of The Hymnal 1982*

Franz Peter Schubert

*Lord, have mercy. Lord, have mercy.*

*Christ, have mercy. Christ, have mercy.*

*Lord, have mercy. Lord, have mercy.*

*Lord, have mercy, have mercy.*

## The Collect of the Day

Celebrant: The Lord be with you.  
People: *And also with you.*  
Celebrant: Let us pray.

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## The First Lesson: Exodus 12: 1-14

The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. Your lamb shall be without blemish, a year-old male; you may take it from the sheep or from the goats. You shall keep it until the fourteenth day of this month; then the whole assembled congregation of Israel shall slaughter it at twilight. They shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it. They shall eat the lamb that same night; they shall eat it roasted over the fire with unleavened bread and bitter herbs. Do not eat any of it raw or boiled in water, but roasted over the fire, with its head, legs, and inner organs. You shall let none of it remain until the morning; anything that remains until the morning you shall burn. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the Lord; throughout your generations you shall observe it as a perpetual ordinance.

The Word of the Lord

Response: *Thanks be to God*

## Psalm 116: 1, 10-17 *Dilexi, quoniam*

- 1 I love the LORD, because he has heard the voice of my supplication, \*  
because he has inclined his ear to me whenever I called upon him.
- 10 How shall I repay the LORD \*  
for all the good things he has done for me?  
  
I will lift up the cup of salvation \*  
and call upon the Name of the LORD
- 12 I will fulfill my vows to the LORD \*  
in the presence of all his people.
- 13 Precious in the sight of the LORD \*  
is the death of his servants.

- 14 O LORD, I am your servant; \*  
I am your servant and the child of your handmaid;  
you have freed me from my bonds.
- 15 I will offer you the sacrifice of thanksgiving \*  
and call upon the Name of the LORD.
- 16 I will fulfill my vows to the LORD \*  
in the presence of all his people,
- 17 In the courts of the LORD'S house, \*  
in the midst of you, O Jerusalem.

**The Epistle: 1 Corinthians 11:23-26**

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

The Word of the Lord

Response: *Thanks be to God*

**Gradual Hymn 189:** "Great is thy faithfulness"

*Great Is Thy Faithfulness, O God My Father*

*found in the red and black hymnal* Lift Every Voice and Sing II

**The Holy Gospel: John 13:1-7, 31-35**

Clergy: The Holy Gospel of our Lord Jesus Christ, according to John.

People: *Glory to you, Lord Christ*

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean." After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord -- and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

When he had gone out, Jesus said, "Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for

me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

Clergy: The Gospel of the Lord  
People: *Praise to you, Lord Christ.*

**The Sermon:** The Rev. Susan D. Parsons

## **The Foot Washing**

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*Those who wish to participate in the foot washing come forward after the following address. Those who come forward will sit to have their feet washed, and then kneel to wash the feet of the next person. Those who prefer to remain seated are encouraged to pray for those coming forward.*

*The Celebrant addresses the congregation, saying:*

Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority, or even miracle, but by such lowly service. We all need to remember his example.

Therefore, I invite you who share in the royal priesthood of Christ to come forward, that we may recall whose servants we are by following the example of our Master. But come remembering his admonition that what will be done for you is also to be done by you to others, for "a servant is not greater than his master, nor is one who is sent greater than the one who sent him. If you know these things, blessed are you if you do them."

## **Music During the Foot Washing:**

**Choir Anthem:** "The Servant Song"

David Haas

Will you let me be your servant?  
Let me be as Christ to you.  
Pray that I might have the grace,  
to let you be my servant too.

I will hold the Christ light for you,  
in the night time of your fear.  
I will hold my hand out to you:  
speak the peace you long to hear.

We are pilgrims on the journey,  
we are travelers on the road.  
We are here to help each other,  
walk the mile and bear the load.

I will weep when you are weeping,  
when you laugh, I'll laugh with you.  
I will share your joy and sorrow,  
'till we've seen this journey through.

Will you let me be your servant?  
Let me be as Christ to you.  
Pray that I might have the grace,  
to let you be my servant too.

**Hymn 490:** "I want to walk as a child of the light"

*found in* The Hymnal 1982

*Houston*

**Hymn 141:** "Shall we gather at the river"

*Shall We Gather at the River*

*found in the red and black hymnal* Lift Every Voice and Sing II

## The Prayers of the People

*(Adapted from the Church of England in An Anglican Liturgical Library)*

Father, on this, the night he was betrayed, your Son Jesus Christ washed his disciples' feet. We commit ourselves to follow his example of love and service.

***Lord, hear us and humble us.***

Lord, on this night, you prayed for your disciples to be one. We pray for the unity of your Church.

***Lord, hear us and unite us.***

On this night, you prayed for those who were to believe through the disciples' spreading of the Gospel. We pray for the mission of your Church.

***Lord, hear us and renew our zeal.***

On this night, you commanded your disciples to love, but suffered rejection yourself. We pray for the rejected and unloved.

***Lord, hear us and fill us with your love.***

On this night, you reminded your followers that if the world hated them it hated you first. We pray for those who are persecuted for their faith.

***Lord, hear us and give us your peace.***

On this night, you told your disciples that you would remain with them on earth only a little longer. We pray for those who have gone before us in faith, and we remember those who are grieving the loss of those they love.

***Lord, hear us and comfort us with your Holy Spirit.***

## The Peace

## Welcome and Announcements

# THE HOLY COMMUNION

Offertory Anthem: "Requiem"

Giacomo Puccini

## THE IMMANUEL CHOIR

Requiem aeternam dona eis, Domine,  
et lux perpetua luceat eis.

Verse: Te decet hymnus, Deus, in Sion,  
et tibi reddetur votum in Jerusalem.

Exaudi orationem meam;  
ad te omnis caro veniet.

*Give them eternal rest, O Lord,  
and let perpetual light shine on them.  
There will be songs of praise to you in Zion,  
and prayers in Jerusalem.  
O hear my prayers;  
all flesh returns to you.*

Celebrant     The Lord be with you  
People        *And also with you.*  
Celebrant     Lift up your hearts.  
People        *We lift them to the Lord.*  
Celebrant     Let us give thanks to the Lord our God.  
People:       *It is right to give him thanks and praise.*

*Sanctus (S130, found at the front of The Hymnal 1982)*

Franz Peter Schubert

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant:

*Our Father,  
who art in heaven,  
hallowed be thy Name,  
Thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom  
and the power and the glory,  
for ever and ever. Amen.*

Celebrant: Christ our Passover is sacrificed for us  
Response: *Therefore let us keep the feast.*

## **The Breaking of the Bread**

*Agnus Dei S164 (found in the front of The Hymnal 1982)*

Franz Peter Schubert

Celebrant: The Gifts of God, for the People of God.

*If you would only like to receive the consecrated Bread please extend one hand. Crossed hands indicate you would like to receive consecrated Wine as well, either intincted (dipped) by you or by drinking from the chalice. The glass chalice is for intinction and the silver one is for drinking. If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you*

**Communion Solo:** “He was despised and rejected”

*from* Messiah

George Frideric Handel

**FELICITY AMOS**, mezzo-soprano

He was despised and rejected of men, a man of sorrows and acquainted with grief.  
*(Isaiah 53:3)*

He gave His back to the smiters, and His cheeks to them that plucked off His hair:  
He hid not His face from shame and spitting.

*(Isaiah 50:6)*

## Post Communion Prayer

*After Communion, the Celebrant says*

Let us pray.

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***Eternal God, heavenly Father,  
you have graciously accepted us  
as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord.  
Amen.***

**Hymn 329:** "Now, my tongue, the mystery telling"

found in The Hymnal 1982

*Pange lingua*

*During the singing of this hymn, the Blessed Sacrament which has been consecrated for the Good Friday liturgy is placed on a special "Altar of Repose" in the Oratory, where it remains until it is consumed at the Good Friday service. The "Altar of Repose" symbolizes the Garden of Gethsemane, where Jesus prayed in agony before his arrest.*

## The Stripping of the Altar

**Instrumental:** "Summa" for Strings

Arvo Pärt

### THE STRING SEXTET

Estonian Arvo Pärt composed *Summa* in 1977, first as a choral work -- a setting of his *Credo*, a dramatic collage piece he wrote in 1968 -- and later set for strings.

According to his website, "Due to the atheist cultural politics of the Soviet time, the title of the piece hides a coded message, in fact *Summa* is based on the text of the Latin *Credo*. The seeming simplicity of the work masks its utmost complexity whereby the circular structure of the voices (both vocal and instrumental) conveys a symbolic meaning."

Reflecting on the work in 1994, Pärt said "I have developed a highly formalized compositional system, which I have been using to write my music for twenty years. *Summa* is the most strict and enigmatic work in this series."

## BEGINNING THE WATCH

Hymn 826: “Stay with me” (Noho pū)

Jacques Berthier

ALLAN GERVACIO, tenor

*We will repeat the singing of this hymn several times in a meditative fashion.*

Stay with me, re - main here with me, watch and  
No - ho pū, no - ho mai me in'u, ki - di a

pray pu - le, watch kiai and a pray. pule.

*A “watch” begins immediately following the service, at the Altar of Repose in the Oratory, the small, side chapel. All are invited to spend some time in prayer and reflection, in response to Jesus’ request “Could you not watch with me one hour?” (Matthew 26:40). People have signed up for one-hour slots until tomorrow’s first Good Friday liturgy, but there is always room for more to join for as long as you are able.*

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*The congregation departs in silence.*

**SERVING AT THIS EUCHARIST:** *Crucifer:* The Rev. Deacon Janettarose Greene

*Readers:* Felicity Amos, Daryl Ott

*Intercessor:* Dorothy Kellogg

*Altar Guild:* Brooke Roberts

*Usher:* Linda Donahue

*Musicians:* The Immanuel Choir; Dr. Jane Tavernier;

**The String Sextet:** Laura Ibrahim, viola; Slavica Iliac, violin;  
Kim Johnson, bass; Kim Kidder, violin; Samuel Runolfson, cello;

Sharon Wolfolk, viola

Ulysses James, Guest Assistant Conductor

*Audio-Visual:* Tamika Martin, The Rev. Jan A. Maas, Doug Onley

*Celebrant:* The J. Randolph Alexander





# Announcements

## REMAINDER OF HOLY WEEK AND EASTER

### GOOD FRIDAY

April 7	12 Noon	Stations of the Cross	Immanuel Chapel
	6:30 p.m.	The Solemn Liturgy of Good Friday	Immanuel Chapel

### EASTER SUNDAY, April 9

8:00 a.m.	Holy Eucharist Rite I followed by <i>Reception in the Parish Hall</i>	Zabriskie Chapel
9:15 a.m.	Festival Holy Eucharist Rite II with Brass, Choir, and Timpani	Immanuel Chapel
10:30 a.m.	<i>Reception and Children's Easter Egg Hunt the grove at VTS</i>	Chapel grounds
11:15 a.m.	Festival Holy Eucharist Rite II with Brass, Choir, and Timpani	Immanuel Chapel
12:30 p.m.	<i>Reception in the Parlor</i>	



**IMMANUEL CHAPEL**  
3737 Seminary Road  
Alexandria, VA

(on the grounds of the Virginia Theological Seminary)

**ZABRISKIE CHAPEL**  
3606 Seminary Road  
Alexandria, VA

(one block up away from Immanuel Chapel)

### Saturday, April 15<sup>th</sup> @ 8:00 AM: MONTHLY SATURDAY BREAKFAST BIBLE STUDY by Zoom

Join Immanuel's monthly Saturday morning Breakfast Bible Study on Saturday, April 15<sup>th</sup>, the third Saturday. We will meet via Zoom (find this bulletin on our website under the "Worship" tab, then click on the link below) beginning at 8 AM. Our new theme this year is **Freedom**; this month we will read **Sirach 15:11–20 "He himself made human beings...and then left them free to make their own decisions"**, using the African Model of Reflection. For more information, please visit [our webpage "Breakfast Bible Study"](#), or contact Chrissie Crosby at [cmcfaddencrosby@gmail.com](mailto:cmcfaddencrosby@gmail.com).

[Join Zoom Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 / Passcode: 027913

For the 13<sup>th</sup> year, **Spring2ACTion**, Alexandria's day of giving, will take place on **April 26**; early giving begins on **April 12**. Although there are many worthy nonprofits to support; I would like to highlight **ALIVE!** .....Alexandria's oldest and largest private safety net dedicated to providing emergency and basic needs support to families and individuals living in poverty -- and with hunger -- in the City of Alexandria.

We need your help to make the ALIVE! campaign a success. ALIVE! needs your support this year more than ever due to the ongoing impact of the pandemic, increased cost of food, and rollback of pandemic related relief efforts. Please consider a donation to ALIVE! for **Spring2ACTion** by visiting [Spring2ACTion.org/organizations/alive4alexandria](http://Spring2ACTion.org/organizations/alive4alexandria).

Thanks in advance for your support to help ALIVE! ensure that its services reach those who most need help in the City of Alexandria.

Lisa Clausen (long-time parishioner and Immanuel's representative to ALIVE!)





**The Rt. Rev. Dabney Smith, Interim Assisting Bishop** in our Diocese, **will visit Immanuel next Sunday, April 16<sup>th</sup>**. Bishop Smith will preach and celebrate at the 10:30 a.m. Eucharist that day. We will not have Confirmations, but we will have at least three Baptisms. If you or someone in your family might be interested in being baptized please contact the Rector right away. This would be an ideal time to be baptized. Bishop Smith is the recently-retired Bishop of Southwest Florida.

### **NEW: Sign-up to Serve in our Sunday Services: ONLINE via Signup Genius**



Would you like to serve as a lay minister? If so, you can now sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Crucifer and/or Chalice Bearer online via [Signup Genius](https://www.signupgenius.com/go/10c0e48a4a728a0fac61-lent#/) for Immanuel at the link below:  
<https://www.signupgenius.com/go/10c0e48a4a728a0fac61-lent#/>

Agnes Soos is managing all lay ministry signups and, in addition to weekly Sunday Eucharists, she's actively recruiting for those who can read a foreign language for **Pentecost, May 28<sup>th</sup>**. If interested, please contact Agnes at the office on Wednesdays from 10:30 a.m. - 2 p.m. (extension #205), or via email at [asoos@icoh.net](mailto:asoos@icoh.net).

Finally, if you need training for a particular ministry, please send a request to [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so next to your name on the sheet. Thank you!

**LEARN MORE ABOUT EX-OFFENDERS TRANSITIONING BACK INTO THE COMMUNITY AND THE WORK OF OAR TO SUPPORT THEM:** Offender Aid and Restoration (OAR) is a longstanding Outreach partner of Immanuel, receiving support through our Outreach, Christmas Families, and Social Justice budgets. OAR helps prisoners and their families as they transition out of incarceration. It also administers community service programs to divert people out of the prison system. OAR staff and the people they serve have inspiring stories of lives being changed and hope being restored. Please consider joining OAR's annual "[Virtual Liberation Fundraising Breakfast](https://www.oaronline.org/oarbreakfast2023)" <https://www.oaronline.org/oarbreakfast2023> to be held at 8 a.m. on Wednesday, **April 12<sup>th</sup>**. You might also consider registering online to take a one hour "[Virtual Tour](#)" of OAR and what they do. OAR serves Alexandria, Arlington and Falls Church. For more information contact, David Atwood [atwooddavid@gmail.com](mailto:atwooddavid@gmail.com) or Jim Snow [jamesbsnow@verizon.net](mailto:jamesbsnow@verizon.net).

**Coming Soon - Parish Weekend at Shrine Mont May 27-29<sup>th</sup>:** Immanuel's annual weekend away at Shrine Mont will be here soon. Email Kathryn Haskin at [kathryn.jackson41@gmail.com](mailto:kathryn.jackson41@gmail.com) to let her know if you are planning to come to Shrine Mont this year. No money down yet, but we're looking to get a sense of numbers to ensure we have space for everyone!

If you are new to Immanuel, Shrinemont is an Episcopal retreat center in Orkney Springs, VA -- it's about a 2 1/2 hour drive from Alexandria. Immanuelites go to the mountain for fellowship and rest, music and games, worship and reconnection. If you want to learn more, call Kathryn Jackson Haskin and she'll give you more information.

## CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) .....	Rector
The Rev. Susan D. Parsons (sparsons@icoh.net) .....	Associate Rector
Dr. Jane Tavernier (jtavernier@icoh.net) .....	Director of Music
The Rev. Deacon Janettarose Greene (JGreene@vts.edu) .....	Seminarian
Tom Hewson (thewson@icoh.net) .....	Treasurer
Sugra Bakhtiari (sbakhtiari@icoh.net) .....	Bookkeeper
Aleta Y. Powell (apowell@icoh.net).....	Parish Administrator
Tamika Martin (photosbyt@icloud.com).....	Audio Visual Technician
Gilma Balcarcel .....	Nursery Coordinator
Stuart Dahlinger .....	Sexton

## THE VESTRY

Kristi Kubista-Hovis.....	Senior Warden
Gerry Anderson .....	Junior Warden: Building and Grounds, Creation Care
Peter Kent .....	Junior Warden: Administration
Amy Thomas .....	Adult Formation and Discipleship
Brad Ashton.....	Stewardship and Planned Giving
Mollie Lambert.....	Outreach
Kathy Lloyd.....	Senior Ministry
Kristi Kubista-Hovis and Kathy Lloyd.....	Children Youth and Family Ministries
Julie Bruns .....	Pastoral Care
David Atwood .....	Social Justice
Taylor Houck.....	Communications
Caroline Bergmark .....	Evangelism and Newcomers
Matt Haskin .....	Worship
Caroline Bergmark and Taylor Houck .....	Fellowship
Gabriella Young-Smith .....	Youth Representative (nonvoting member)
Caroline Bergmark .....	Registrar

### SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
3606 Seminary Road, Alexandria, VA

10:30 a.m. Godly Play, Side Oratory Chapel  
inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
3737 Seminary Road, Alexandria, VA

#### *Online*

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

### PRIESTS ASSOCIATE

The Rev. Dr. J. Barney Hawkins, IV  
The Rev. Dr. Ruthanna Hooke  
The Rev. Jan A. Maas  
The Rev. John R. Smucker  
The Rev. Dr. Francis H. Wade

### RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth



**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

#### Parish Office

3606 Seminary Road, Alexandria, VA 22304  
Telephone: 703-370-6555, Fax: 703-370-0837

[www.icoh.net](http://www.icoh.net)

