



Immanuel Church-on-the-Hill

Episcopal/Anglican Alexandria, Virginia



THE FIFTH SUNDAY AFTER EPIPHANY

February 5, 2023

Holy Eucharist, Rite I, 8:00 a.m.

Page numbers refer to [The Book of Common Prayer](#).

THE WORD OF GOD

Opening Acclamation

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Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be his kingdom, now and for ever. Amen.*

The Collect for Purity

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Kyrie eleison

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Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

The Collect of the Day

The Lord be with you.

People: *And with thy spirit.*

Celebrant: Let us pray.

Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The First Lesson: Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to

hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord

Response: *Thanks be to God.*

Psalm 112:1-10 *Beatus vir*

- 1 Hallelujah!
Happy are they who fear the Lord *
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, *
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending *
and to manage their affairs with justice.
- 6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; *
their heart is right;
they put their trust in the Lord.
- 8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor.

The Epistle: 1 Corinthians 2:1-12, [13-16]

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

The Word of the Lord

Response: *Thanks be to God.*

The Holy Gospel: Matthew 5:13-20

The Holy Gospel of our Lord Jesus Christ, according to Matthew

People: *Glory be to thee, O Lord.*

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord

People: *Praise be to thee, O Christ.*

Sermon: The Rev. Susan D. Parsons

The Nicene Creed

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The Prayers of the People: Form IV

(found in The Book of Common Prayer)

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Confession of Sin and Absolution

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Welcome

THE HOLY COMMUNION

The Offertory

Clergy: All things come of thee, O Lord; and of thine own, have we given thee.

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Celebrant: The Lord be with you.
People: ***And with thy spirit.***
Celebrant: Lift up your hearts.
People: ***We lift them up unto the Lord.***
Celebrant: Let us give thanks to the Lord our God.
People: ***It is meet and right so to do.***

Sanctus and Benedictus

p. 334

The Lord's Prayer

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THE BREAKING OF THE BREAD

Celebrant: Alleluia, Christ our Passover is sacrificed for us
People: ***Therefore let us keep the feast. Alleluia.***

O Lamb of God, that takest away the sins of the world, ***have mercy upon us.***
O Lamb of God, that takest away the sins of the world, ***have mercy upon us.***
O Lamb of God, that takest away the sins of the world, ***grant us thy peace.***

Celebrant: The Gifts of God, for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If you would only like to receive the consecrated Bread please extend one hand. Crossed hands indicate you would like to receive consecrated Wine as well, either intincted (dipped) by you or by drinking from the chalice. The glass chalice is for intinction and the silver one is for drinking. If you are physically unable to receive at the Altar, please let an usher know that you would like to have Communion brought to you.

Post Communion Prayer

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The Blessing

The Dismissal

The flowers on the Altar are given to the glory of God by Matt, Kathryn, and Adeline Haskin in loving memory of Kathryn's father, James Edward Jackson, on the anniversary of his birth.

SERVING AT THIS EUCHARIST: ***Usher:*** Pierre Shostal
Altar Guild: Diana Walker
Flower Guild: Karen Besser
Celebrant: The Rev. J. Randolph Alexander

IMMANUEL CHURCH-ON-THE-HILL
Parish Notes
February 5, 2023

IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (www.icoh.net).

PRAY FOR PARISHIONERS: Cynthia Morton, Catherine Sinclair, Francine Wargo, Jessi MacLeod, Kenny, Natalie Doyle Hennin, Tony, Daphne, Nancy Bishop, Ann Huntington, Betty Wanamaker, Edith, Joseph, Linda and Cy Murphy, John and Louisa Smucker, Ann MacNamara, the Sara Fein family, Norma Taliaferro, and Margaret Stockton.

PRAY FOR OUR FRIENDS AND FAMILY: Charlotte Kellogg, Dana De Cecco, George Rustigian, Jack Allen, Kathryn Anschutz, Louise Jackson, Marjean Smith, Paul, Rowena and Don Lynch, Steve Davis, Stephen Miller, Sue Rehnke, Ryan, John, McQuade Milligan, Peter and Joanne, Mary Muniz, the Rev. Rosa Harper, John and Alice Corbett, Joseph Fabian, Candy Morgan, Nancy Kraus, Jim Rehnke, Felicia Balzano, Roy Zartarian, Connie Smith; Salih, Zeyneb, and Elif Sayilgan; Dave and Betsy Fox Berry; and Betty Harris.

Pray for those who are celebrating birthdays this week: Tom Cuddy, Susan Kernan, Diana Page, Aggie Fortune, Janettarose Greene, Scott Hovis, and Susan Kilpatrick.

Serving around the world: Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson. Pray for healing for US casualties and their caregivers.

EYC YOUTH BRUNCH TODAY, THE FAIRCHILD ROOM. All EYC youth and those wanting to join the EYC are invited to join us for brunch and fellowship after the 10:30 A.M. Eucharist in the Fairchild Room. We plan to start 15 minutes after the end of the service for refreshments, snacks and fellowship. This is a recurring, “First Sunday of the Month” brunch for EYC tweens and teens. For anyone interested in joining the EYC, or who would like to bring a treat or two to our brunch, please contact **Brian Rush** at james.b.rush2@uscg.mil or jbrianrush@gmail.com.”

Save These Dates: Upcoming EYC Events!

February 5th EYC Brunch in Fairchild Room
March 4th EYC Lock In in the Parish Hall
March 5th EYC Brunch in the Fairchild Room
March EYC Bowling Event (time and date TBD)

Announcements

Weekday Worship Opportunities

MORNING PRAYER @ 10 A.M., Zabriskie Chapel : All are invited to join Immanuel staff and clergy for Morning Prayer every Tuesday at 10:00 a.m. in Zabriskie Chapel. This quiet, contemplative service typically lasts thirty minutes and offers each worshipper a chance to lift a person, cause, or concern in prayer while learning about any saints of the Church is commemorating.

**Wednesday Evening Eucharist, February 8th
@6:30 p.m., Zabriskie Chapel**

Our Weekly Bible Study, Thursday, February 9th @ 10:30 a.m.
CONNECTING THE GREAT PROPHECIES OF DANIEL AND REVELATION

Evening Compline, Friday, February 10th, 8:30 p.m., Online via Zoom

Benedictine Community Meeting, Tuesday, February 7th @ 7:00 p.m. online via Zoom

If you want more contemplation in your life, you are invited to become part of the Benedictine Community at Immanuel. We currently meet twice a month virtually via Zoom on the first and third Tuesdays of the month, from 7-8 p.m.

The Community reflects on the tenets of St. Benedict such as humility, silence, and prayer. Individual reflection is guided by short readings from a Benedictine-inspired book, currently *Benedictine Promises for Everyday People: Staying Put, Listening Well, Being Changed by God*, by Rachel Srubas.

As a Benedictine Community, we gather as companions on the journey with one another while drawing wisdom from a few pages from selected reading material. If this opportunity appeals to you and for more information, please contact one of the following: Dana Hengst (Dana.Hengst@gmail.com), Barbara Fornoff (cr8vweaver@gmail.com), or David Atwood (David_Atwood@hotmail.com).

NEXT SUNDAY FEBRUARY 12TH: FORUM HOUR, 12 NOON, IMMANUEL CHAPEL

Join us after the 10:30 a.m. Holy Eucharist during coffee hour for the forum hour *The Role of Faith in Troubling Times*, with guest speaker **The Rev. Dr. Frank Wade**.

For more information, contact David Atwood at David_Atwood@hotmail.com.

NEW THIS YEAR, “SOUP”ER BOWL!



For the first two weeks of this month, we will collect cans of soup for Alive! The Philadelphia Eagles will play against the Kansas City Chiefs next Sunday, **February 12th**. Once decided, there will be two team bins in each narthex until the big game! Place your donations of soup in the bin of the team who you think will be the Super Bowl champion! You can also donate online at www.alive-inc.org

Let's see if we can collectively predict the winner as well as help feed our hungry neighbors!



SENIOR ADULT MINISTRY AND FELLOWSHIP

The Sublime taste of TEA!

You may have joined Senior Adult Ministry and Fellowship on our wine tasting and beer tasting adventures. Now join us for a Tea Tasting this **Wednesday, February 8 at noon in the Parish Hall**. There are thousands of varieties of Camellia Sinensis and together we will experience a variety of teas, following them from leaf to cup, comparing texture, color, and fragrance of the unbrewed tea leaves, as well as the color, fragrance and flavor of the finished product. Meet the variety of tea that went swimming in Boston Harbor in 1773 as well as other well-travelled varieties and enjoy a special lunch of foods chosen to let the experience of the tea shine.

There is **no cost for this event**, but reservations are required to ensure that there will be sufficient tea and lunch for all. The tea tasting will be limited to 24 people, so RSVP to Karen Besser no later than today at Karen.Besser@gmail.com.

SENIOR LUNCHEON AT GOODWIN HOUSE ALEXANDRIA: Our regular *third* Wednesday luncheon at Goodwin House Alexandria is offered at noon in the Fillmore Room, February 15th. Come and join Immanuel clergy for either lunch. RSVP for lunch to the Rev. Susan Parsons at sparsons@icoh.net.

SENIOR MINISTRY BROWN BAG LUNCH returns our usual day, the fourth Tuesday of the Month. In February, we will be meeting at 12:15 p.m. on Tuesday, the 28th to spend some time live, via Zoom, with **Dr. Steven Plank**. Dr. Plank is the Andrew B. Meldrum Professor of Musicology at Oberlin College. He also writes the program notes for *The Thirteen*, a nationally recognized choir and orchestra “celebrated for reimagining the potential of vocal music from many periods.” *The Thirteen* **will be performing the Rachmaninoff Vespers (also known as the All-Night Vigil) on Friday, March 3 at 7:30 p.m. at Immanuel Chapel.**

Dr. Plank will introduce us to the Vespers and will help to make this sweeping work more familiar to us, so that we can experience it as an entrée to our observance of Lent and Holy Week.

Please bring your own sandwich or salad, and Senior Ministry will provide beverages and dessert. There is no cost for this event and no reservation is required.

**** If you purchase your ticket to the March 3rd concert by THE THIRTEEN from Senior Ministry you will get a \$10 discount. Senior Ministry will be hosting a reception following the concert, with wine and desserts, on the VTS campus following the concert as our March event, so please put this date on your calendar now!**

As always, if you need a ride to either of these events, please contact Karen Besser.

MEALS ON WHEELS (MOW) Needs Volunteers: Now that the pandemic has subsided, just to let you know the Immanuel MOW ministry has been up and running for the past 3 months. We are in need of additional volunteers as some of our veterans have left the rolls of drivers and deliverers. The mission of MOW is simple, to deliver wholesome meals to seniors and other homebound folks in Alexandria who are otherwise unable to venture out and shop or are resource-limited. The effort is sponsored by the Senior Services Center of Alexandria; the meals are provided by Jeffrey's Catering on Wheeler Avenue. This ministry requires 2 hours a month; Immanuel participates on the third Friday of every month. Typically, MOW Teams consist of a driver and a deliverer. If you are interested, please contact Doug Henry at ddhenry1@gmail.com or capture his attention after church.

Sign-up to Serve in our Sunday Services

Would you like to serve as a lay minister? If so, sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Crucifer and/or Chalice Bearer on one of four sign-up sheets, which can be found near the main door of each chapel. During the week, these rosters live just outside of Mother Susan's office in the basement of Zabriskie Chapel.

Finally, if you need training for a particular ministry, please send a request to sparsons@icoh.net or indicate so next to your name on the sheet. Thank you!

CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net)	Rector
The Rev. Susan D. Parsons (sparsons@icoh.net)	Associate Rector
Dr. Jane Tavernier (jtavernier@icoh.net)	Director of Music
Janettarose Greene (JGreene@vts.edu)	Seminarian
Tom Hewson (thewson@icoh.net)	Treasurer
Sughra Bakhtiari (sbakhtiari@icoh.net)	Bookkeeper
Aleta Y. Powell (apowell@icoh.net)	Parish Administrator
Tamika Martin (tmartin@vts.edu)	Audio Visual Technician
Gilma Balcarcel	Nursery Coordinator
Stuart Dahlinger	Sexton

SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel
3606 Seminary Road, Alexandria, VA

10:00 a.m. Children's Chapel, Side Oratory Chapel
inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel
3737 Seminary Road, Alexandria, VA

Online

www.immanuel-on-the-hill.org
[Immanuel's YouTube channel](#)

PRIESTS ASSOCIATE

The Rev. Dr. J. Barney Hawkins, IV
The Rev. Dr. Ruthanna Hooke
The Rev. Jan A. Maas
The Rev. John R. Smucker
The Rev. Dr. Francis H. Wade

RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth

MISSION STATEMENT: Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



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