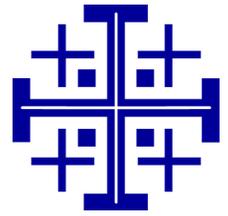




# Immanuel Church-on-the-Hill

## Episcopal/Anglican

### Alexandria, Virginia



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THE FIRST SUNDAY IN LENT

February 18, 2024

### Holy Eucharist, Rite I, 8:00 a.m.

Page numbers refer to [The Book of Common Prayer](#).

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*Today, the first Sunday in Lent, we begin the liturgy with The Great Litany. Dating to 1544, the Litany was the first liturgical rite translated into the English language, and has become a global tradition of the Anglican Church. The Nicene Creed, the Prayers of the People, and the Confession are omitted today, as they are covered by the various petitions of the Litany.*

## THE GREAT LITANY

*found in* The Book of Common Prayer

p. 148

## THE WORD OF GOD

### Opening Acclamation

p. 323

Celebrant: Bless the Lord who forgiveth all our sins;  
People: *His mercy endureth for ever.*

### The Collect for Purity

p. 323

### The Collect of the Day

*The Celebrant says to the people*

The Lord be with you.  
People: *And with thy spirit.*  
Celebrant: Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

### The First Lesson: Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all

future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

The Word of the Lord

Response: *Thanks be to God.*

**Psalm 25:1-9 *Ad te, Domine, levavi***

- 1 To you, O Lord, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O Lord, \*  
and teach me your paths.
- 4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.
- 5 Remember, O Lord, your compassion and love, \*  
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O Lord.
- 7 Gracious and upright is the Lord; \*  
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right \*  
and teaches his way to the lowly.
- 9 All the paths of the Lord are love and faithfulness \*  
to those who keep his covenant and his testimonies.

**The Epistle: 1 Peter 3:18-22**

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The word of the Lord

Response: *Thanks be to God.*

## The Holy Gospel: Mark 1:9-15

The Holy Gospel of our Lord Jesus Christ, according to Mark  
Response: *Glory be to thee, O Lord.*

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord  
Response: *Praise be to thee, O Lord.*

**The Sermon:** The Rev. J. Randolph Alexander, Jr.

## The Peace

Celebrant: The peace of the Lord be always with you.  
People: *And with thy spirit.*

## Welcome and Announcements

# THE HOLY COMMUNION

## The Offertory

Clergy: All things come of thee, O Lord; and of thine own, have we given thee. p. 343

**The Great Thanksgiving:** Eucharistic Prayer II p. 340

Celebrant: The Lord be with you.  
People: *And with thy spirit.*  
Celebrant: Lift up your hearts.  
People: *We lift them up unto the Lord.*  
Celebrant: Let us give thanks to the Lord our God.  
People: *It is meet and right so to do.*

*Sanctus and Benedictus* p. 334

**The Lord's Prayer** p. 336

## THE BREAKING OF THE BREAD

Celebrant: Christ our Passover is sacrificed for us

People: *Therefore let us keep the feast.*

O Lamb of God, that takest away the sins of the world, *have mercy upon us.*

O Lamb of God, that takest away the sins of the world, *have mercy upon us.*

O Lamb of God, that takest away the sins of the world, *grant us thy peace.*

Celebrant: The Gifts of God, for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you.*

### Post Communion Prayer

*Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.*

### The Blessing

### The Dismissal

Clergy: Go in peace to love and serve the Lord.

People: *Thanks be to God.*

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### SERVING AT THIS EUCHARIST:

*Reader/Psalm Leader:* Susan Gildersleeve

*Altar Guild:* Susan Gildersleeve

*Usher:* Tom Brown

*Coffee Hour Host:* Alisa Biache

*Vestry Greeter/ Counter:* Amy Thomas

*Celebrant:* The Rev. J. Randolph Alexander

# IMMANUEL CHURCH-ON-THE-HILL

## Parish Notes

### February 18, 2024

**IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Both chapels offer a fully-staffed nursery for our infant and toddler parishioners.

**Visitors are encouraged to fill out a visitor card — located in the pews or display stands at the entrances of the chapels.** Give your card to an usher or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Natalie Doyle Hennin, Rollin Huntington, Marianne Ingold, Joseph, Kenny, Susan Kernan, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Tony and Patsy Rogers, Catherine Sinclair, John Smucker, Norma Taliaferro, Francine Wargo, Zuzanna and Spencer Wise.

**PRAY FOR OUR FRIENDS AND FAMILY:** Alice, Jack Allen, Kathryn Anschutz, Dave and Betsy Fox Berry, Peter Blackledge, David Craig, Jean Couban, The Most Rev. Michael Curry, Cynthia, Steve Davis, Dana DeCecco, Joseph Fabian, Cathy Fick, Gerald, Linda Gill, Gladys, Betty Harris, Betty Hicks, Louise Jackson, Peter and Joanne, John, Katja, Tom Kellner, Charlotte Kellogg, Joseph and Elaine Kelly, Winnie Kidd, Lillian Kozuma, Mike Krieger, Ann Langdon-Days, Marcia MacDonald, Marge McGoff, Joe Miceli, Michael, Stephen Miller, McQuade Milligan, Mary Muniz, Lysbeth, Jessi Napolitano, Carol Ording, Shelby Ochs Owen, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Michael Rathsack, Rebecca, Sue Rehnke, Roger, Bridget Rice Rose, George Rustigian, Brian Tolson, Graham Tomlinson, Fred Vipperman, Mark Vipperman, Rosemary Wensing, Ryan Willis, and Richard Zitelli.

**Pray for those who are celebrating birthdays this week:** Bill Bertles, Sue Hurn, Ariyani Balcarcel, Rollin Huntington, Pierre Shostal, Armstrong Robinson, William Latimer, Elly Parks, Edward Burkhalter III, Denise Freeland,

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson, and Scott.

**Those who have died:** Mike Krieger, mentor and friend of Jackie Rustigian; and Dolores Hawvermale, longtime client and friend of David Lindsey. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

**Forum Hour TODAY:** *A Living Relationship with God: Praying Day by Day*  
11:45 a.m. *A Lenten Series*  
The Welcome Center

*Early Monastic Prayer in the Desert: 'The Desert Fathers' Wisdom on Repetition, Silence and Distractions in Prayer*, led by **The Rev. Dr. Sarah Coakley**



### An Invitation to Silent Prayer

On February 21<sup>st</sup>, 28<sup>th</sup>, March 6<sup>th</sup>, 13<sup>th</sup>, and 20<sup>th</sup>, the Parish and the Seminary will jointly offer an opportunity to discover the practice of silent prayer, on Wednesday evenings from 5:15- 6:00p.m. in the Oratory, Immanuel Chapel. All are welcome to participate.

# Announcements

## WEEKDAY WORSHIP AND STUDY OPPORTUNITIES

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Morning Prayer, Tuesday February 20<sup>th</sup>, Zabriskie Chapel

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Noonday Holy Eucharist Rite II, February 21<sup>st</sup>, Zabriskie Chapel

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Bible Study “*The Gospel of Matthew: Book of the Messiah*”, Thursday, February 22<sup>nd</sup> @10:30 a.m. online via Zoom. Look for login details in your weekly eBlast email.

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Evening Compline, Friday, February 23<sup>rd</sup>, 8:30 p.m., Online via Zoom

**Immanuel's Children's Chapel meets each Sunday, 10:00 --10:25a.m, in the Oratory at Immanuel Chapel!** (The Oratory is a small chapel on the other end of the hallway—opposite the parlor/coffee hour). Our Children's Chapel is a 25-minute service rich with prayer, Bible stories, music, and reflections to teach our

**ATTENTION GODLY PLAY FAMILIES:** Godly Play will return to Immanuel Chapel starting **next Sunday at 10:30 a.m.** We will meet in the Octagon Room right after the Children's Chapel program. When Godly Play is over the children will be escorted to the main service or to the nursery. We are making this change in response to attendance patterns and survey responses.

Your Storyteller and Greeter will meet the children in the hallway outside of the Oratory Chapel when that program is over at 10:30a.m. Your child is welcome to attend both programs. When Godly Play is over the teachers will escort the children back to the service or to the nursery, whichever the parent has requested. We are making this change in response to the attendance patterns and survey responses, which indicate that most families would prefer to have Godly Play at the later time. Questions? Contact Sarah Glassco directly at [glasscos@gmail.com](mailto:glasscos@gmail.com)

Thank you,  
*Godly Play Storytellers*

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### A Liturgy in Thanksgiving for the Life of

## FRANCES JOHNSON

Saturday, February 24, 2024



12 Noon, Zabriskie Chapel

*Funeral immediately followed by reception in the Parish Hall.*

**INQUIRERS' CLASS FORMING:** Have you never been Confirmed? Are you interested in being Received into the Episcopal Church? Might you want to re-affirm your faith in a public way? All of these will be possible as Immanuel has its Bishop's visitation on Sunday, April 28<sup>th</sup>. Our youth confirmation class has just begun, and we are now gathering adults who would be interested in learning more about living the Christian faith within the Anglican tradition. Please contact Fr. Randy directly if you are interested: [ralexander@icoh.net](mailto:ralexander@icoh.net) or 703.370.6555 ext.#201

## EASY WAY TO SIGN UP: FEBRUARY –MARCH

Sign up to Serve in our Sunday Services for February and March — through Lent and Easter — ONLINE via Our **Red SignUp Genius Button**



Please sign up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via [SignUp Genius](#) for Immanuel by visiting the landing page of our website at [www.ICOH.net](http://www.ICOH.net) and [clicking on the red button at left](#). **If you're a student — or planning Summer travel — feel free to sign-up for the Lenten season and Easter only.**

If you are a first-timer and need training, please contact Agnes at the office on **Wednesdays from 10:30 a.m. - 1:30 p.m.** (ext. #206), or via email at [asoos@icoh.net](mailto:asoos@icoh.net). Finally, if you need training for a particular ministry, please send a request to **Mother Susan** at [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so in the comments box under your name on the online form. **THANK YOU — especially to all who have signed-up!**

### MAUNDY THURSDAY OVERNIGHT VIGIL SIGNUP

Immediately following the end of our Maundy Thursday Holy Eucharist with Choir, Foot Washing, and Stripping of the Altar, we will keep watch during our Overnight Prayer Vigil at the **ALTAR OF REPOSE**, The Oratory (*Side Chapel*) at Immanuel Chapel.

We hope to have every single slot filled this year. We ask that you please scan the barcode at right to sign up for one or several slots). Thank you and God be with you during your watch.



## ALIVE! Thanks Immanuel

In the month of January (and extending 2weeks into February for the *SOUP-er Bowl*), Immanuel donated 501 pounds of food to ALIVE! ...And we correctly guessed the winner of the Super Bowl! What an exciting game was played ..... Congratulations to both the Chiefs and the 49ers!!

Our next month to donate food will be June 2024.



Lay Reader Training

### *Want to Become a Lay Reader?* **Lector Training TODAY @ 11:45 a.m.**

We'll return to hosting brief Lector Training sessions each Sunday following the 10:30 a.m. Eucharist in Immanuel Chapel. The purpose is to enhance sound quality of the service and to make sure readers are comfortable, annunciate, and are prepared to serve. Those who have read before but want pointers on how to project their specific voice in a slightly echo-y spacious chapel, should feel free to join us. Send your questions and/or express your interest via email at [tmartin@icoh.net](mailto:tmartin@icoh.net), and Tamika Martin or Steven Denlinger will contact you directly. You can also signup via the QR code at left.

**CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) ..... Rector  
 The Rev. Susan D. Parsons (sparsons@icoh.net) ..... Associate Rector  
 The Rev. Sarah Spurlock Biggs (sspurlockbiggs@icoh.net) ..... Assistant Rector  
 The Rev. Deacon Lo Selles (cselles@vts.edu) ..... Seminarian  
 Reggie Hayes (r.hayes9@me.com) ..... Postulant Intern  
 Daisy Colón (dcolon@vts.edu) ..... Seminarian  
 Dr. Jane Tavernier (jtavernier@icoh.net) ..... Director of Music  
 Tom Hewson (thewson@icoh.net) ..... Treasurer  
 Mollie Lambert (mlambert@icoh.net) ..... Assistant Treasurer  
 Aleta Y. Powell (apowell@icoh.net) ..... Parish Administrator  
 Tamika Martin (tmartin@icoh.net) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Stuart Dahlinger ..... Sexton

**THE VESTRY**

Gerry Anderson ..... Senior Warden and Senior Ministry  
 Amy Thomas ..... Junior Warden: Building and Grounds, Creation Care  
 Peter Kent ..... Junior Warden: Administration  
 Taylor Houck ..... Adult Formation and Discipleship  
 Brad Ashton and Phillip Brown ..... Stewardship and Planned Giving  
 Julie Bruns ..... Outreach  
 Kathy Lloyd ..... Children Youth and Family Ministries  
 Mark Fearer ..... Social Justice and Pastoral Care  
 Brian Rush ..... Evangelism and Newcomers  
 Matt Haskin ..... Worship  
 Phillip Brown ..... Fellowship  
 Sophie Johnson, Sydney Onley, David Stayanoff, and Isabelle Young-Smith ..... Youth Representatives  
 Caroline Bergmark ..... Registrar and Communications

**SCHEDULE OF SUNDAY WORSHIP SERVICES**

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 9:00 a.m. Holy Eucharist Rite II, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

**Online**

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

**PRIESTS ASSOCIATE**

The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

**RECTOR EMERITA**

The Rev. Dr. Margaret Ann (Sam) Faeth

**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



**Parish Office**  
 3606 Seminary Road, Alexandria, VA 22304  
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